



For official FIG competitions, Difficulty forms must be prepared on the computer. Handwritten forms will not be accepted.

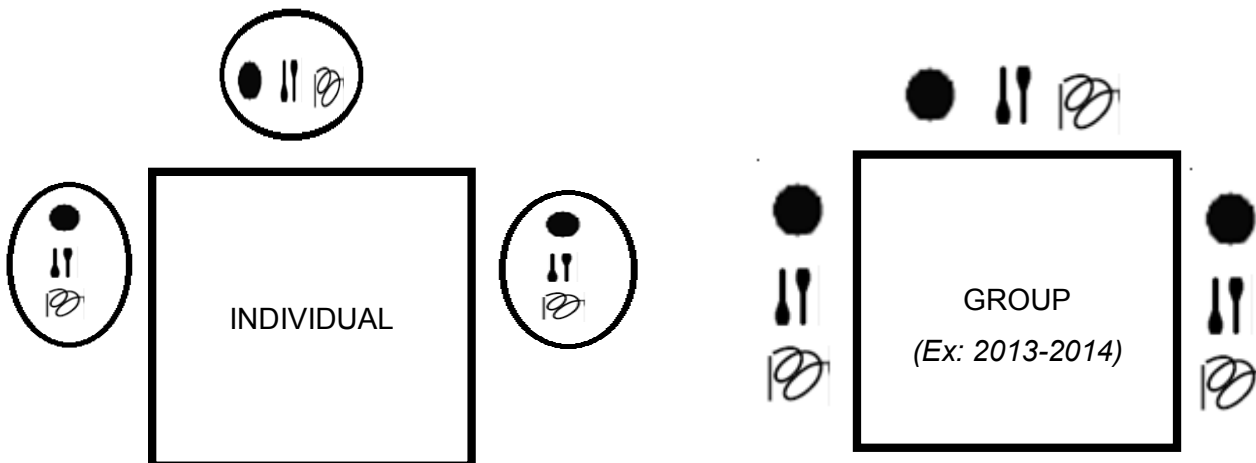
On the official Difficulty form, the coach will indicate the number of Fundamental Technical Groups (F) and Other groups (O)—as in the example score form—for the judge to verify.

GENERALITIES

1.5.3, p. 3 Only one exercise can be used with music with voice and words for Group and one exercise for Individual in respect to ethics. The coach must highlight which exercise is used with music with voice and words and write it on D form (see Annex pages 38, 43, 44).

If not, there will be penalty 0.50 for “Music not conforming to regulations” (Coordinator Judge-Annex).

4.2.1, p.5 Replacement apparatus around the floor area is authorized (according to the apparatus program for Individual and Group each year)



- A gymnast may use the maximum number of replacement apparatus placed around the floor area with all applicable penalties (ex: three hoops are placed by the Organizing Committee according to the picture above: the gymnast may use all three if needed in one exercise)

INDIVIDUAL

1.1.4, p.9 Multiple Rotation Difficulty (“Fouette”)

Example : ($\begin{matrix} \uparrow \\ \circ \\ \downarrow \end{matrix}$ 11 $\begin{matrix} \uparrow \\ \circ \\ \downarrow \end{matrix}$ 11 $\begin{matrix} \uparrow \\ \circ \\ \downarrow \end{matrix}$ 1) = 0.50 point \rightarrow 0.40 (the same shape must be executed consecutively before changing into the next shape, not alternating shapes)



1.1.7, p.9 A Body Difficulty is valid if executed:

- **With a minimum of 1** Fundamental Technical element specific to each apparatus and/or an element from the Other Technical apparatus groups
 - **If the apparatus technical element is executed with a major alteration of the basic technique, the Body Difficulty is not valid**

1.1.10, p. 10 Repetition of the same body rotation element (~~different technique or start position~~) **is not allowed**

1.2, p.10 Dance Steps Combinations

- **It is possible to perform some dance movements on the floor, but the Dance Steps Combination performed entirely on the floor is not valid.**

1.3, p.10 Fundamental and Other Apparatus Technical Groups

- Performance of Fundamental Technical groups of apparatus work **must be predominant in the exercise (more than minimum 50%)**.
- Apparatus technical elements (Fundamental and Other Groups) are not limited but cannot be performed identically during body difficulty (except for during the series of jumps/leaps and pivots)
- Writing the official form:
 - *Each apparatus element (Fundamental and Other) written for Body Difficulty*
 - *Only Fundamental apparatus elements written for Dance Steps Combinations*
 - *Fundamental apparatus elements used as connecting elements or not performed on Body Difficulty, Dance Steps Combination, or Mastery, are not declared*
 - ***For the catch of the ball in one hand during R^{\uparrow} , it is possible to declare catch with one hand towards the Fundamental technical groups $R^{\uparrow} 2 \downarrow$.***
- Evaluation of 50%
 - *Prior to the start of the exercise, the judge counts how many Fundamental apparatus elements are declared in relation to the total number of apparatus elements (those used on Body Difficulty, Dance Steps Combinations, Mastery and DER—which counts as throw "Other")*
 - *DER are counted as throw – "Other Apparatus Technical Groups"*
 - *During the evaluation, the judge cancels those Fundamental elements not performed according to their definition in Table 1.3.1 Example: the gymnast declares \bigcirc Hoop (series of 3 rotations around the hand) and performs only 2 rotations. This Fundamental apparatus element does not count towards 50% because not performed according to the definition (minimum 3 rotations on the hand)*
 - *In case of a small execution mistake on the Fundamental Apparatus element, the Fundamental apparatus elements counts towards the 50% and the E penalty taken. For a serious execution mistakes, as with Body Difficulty, the apparatus element will not be valid towards the 50%.*
 - ***In case the body difficulty is not executed in a valid way (ex: rotation with less than 360°, balance without a fixed position, etc.) but the Fundamental element is executed correctly, the Fundamental apparatus element may be counted towards 50%***
 - **See Official Form-Examples**



1.4, p.12 Dynamic Elements with Rotation and throw R^{\uparrow}

➤ Writing the official form when turning leap is used as one of the rotations:

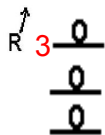
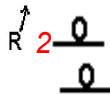
- Throw on the turning leap/first rotation



- Catch during turning leap/final rotation



- Throw and catch during the series of turning leaps (2 or 3 leaps)



- In case the series of 2 or 3 turning leaps is performed as body difficulties but not declared as R^{\uparrow} difficulty, the body difficulties will be valid but there will be a penalty of 0.30 (for a difficulty performed but not declared) and a penalty of 0.50 if there will be more than 3 elements of R^{\uparrow} (See 1.8, p.15).

1.4.4, p.13 Summary Table of Additional Criteria

\swarrow	<p>Re-throw/re-bound</p> <p>The re-throw is part of the initial throw for the R^{\uparrow}</p> <p>Criteria performed during the « re-throw » must be declared on the form before the symbol of re-throw \swarrow. Criteria after the re-throw is not valid.</p> <p>Example : $R^{\uparrow} 2 \otimes \neq \swarrow = 0.50$: re-throw outside the visual field without the hands (OK)</p> <p>Example : $R^{\uparrow} 2 \otimes \swarrow \neq = 0.50 \rightarrow 0.40$: re-throw outside the visual field, and then a catch without hands</p>
\rightarrow	<p>Asymmetric throw of 2 Clubs</p> <p>Example : $\rightarrow R^{\uparrow} 2 = 0.30$</p> <p>Example : $\swarrow \rightarrow R^{\uparrow} 2 = 0.40 \rightarrow 0.30$</p>



	<p>Clubs: throws in cascade or alternating Two clubs must be in the air simultaneously during some part of the cascade</p>
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1.5.1, p.14

Dive Split Leap": It is possible to use the criteria « change of level » \lrcorner for the Dive Split Leap during $\overset{\uparrow}{R}$

1.6, p.14 Apparatus Mastery

1.6.1.

- Elements combinations of each Apparatus Mastery **must be different**: Fundamental Groups may be repeated; Other Technical Group may be used 1 time. **In the case of Handling ∞ , each of the different apparatus movements may be used once.**

1.8, p.15 For each Difficulty performed but not declared on the official form (except those with rotation with value 0.10 used in DER and/or Mastery).

1.8.1, p.16 If the symbol* is written incorrectly or a Body Difficulty is repeated, the Difficulty is not counted (**no penalty**)

*Some examples for a symbol written incorrectly when the Difficulty is not valid (no penalty):

- Declare: ∞T° Perform: ∞T° (incorrect symbol for apparatus handling)
- Declare: T° Perform: ∞T° (no apparatus handling declared)
- Declare: ∞ Perform : ∞ (incorrect symbol of body difficulty)



2.3, p.22 Execution Penalties (Artistic and Technical)—Guide

UNITY

- For isolated occurrences of illogical connections or prolonged preparatory movements: - 0.10 each time, up to 4 Times
- LACK OF UNITY DURING PART OF THE EXERCISE-0.50
 - 5 or more illogical connections/long preparations, or
 - Most of the exercise is a series of disconnected body difficulties/apparatus elements without any relation to a guiding, or
 - A large technical fault which causes a full break in the continuity of the movements and part of the main idea is lost.
- ABSENCE OF UNITY DURING ALL OF THE EXERCISE- 1.00
 - Movements are not logically/smoothly connected during all of the exercise, or
 - All of the exercise is a series of disconnected body difficulties and apparatus, or
 - Several full breaks due to large technical faults breaks all unity so that there is no main idea.

MUSIC-MOVEMENT

- For isolated occurrences when the rhythm and/or character and the music are disconnected (A small interruption or the gymnast momentarily behind or ahead of a clear accent): -0.10 each time, up to 4 times
- Once there are 5 or more isolated interruptions or a large mistake which causes a large break in the rhythm and/or character of the exercise or the correlation is only in the beginning and end (not middle), then there is a penalty for part of the exercise with an absence of harmony between the rhythm and character: -0.50
- If the movements are totally disconnected to the music in terms of both rhythm and character: 1.00

The severity of technical faults will determine the extent of the interruption in the Unity and/or the Rhythm/Character but a deduction must be made for Artistic faults.

GROUP

1.1.1.4, p.27 The group exercise must be represented by all the body movement groups

(\wedge ; T; \circ), **minimum 1 Difficulty from each group:** all 5 gymnasts must perform the *minimum*, performed by the 5 gymnasts together or by subgroups; simultaneously or in very rapid succession.



1.1.2.1, p.27 Examples for writing and calculating Exchange (see also Official Form-Example):

E 0.00	Without criteria
E 0.10	With one criteria (Body Movement as criteria is possible on the throw or on the catch)
E 0.00	The same or different criteria is valid only when performed by 5 gymnasts during the throw or catch
E 0.10	5 gymnasts perform different criteria
E 0.20	With two criteria (5 gymnasts perform a body movement, plus criteria of distance)
E 0.30	With three criteria (5 gymnasts perform criteria on the throw and catch, plus criteria of distance)
E 0.40	5 gymnasts throw with different criteria, 5 gymnasts perform different rotations under the flight and during the catch (not consecutively), plus criteria of distance
E 0.10	Successive exchange with one criteria (the numbers indicate how many gymnasts are involved in each succession)
E 0.20	Successive exchange with two criteria (5 gymnast perform criteria on the throw, plus criteria of distance)



1.1.2.6. If one or several apparatus fall or collide during the Exchange, the Exchange is no longer valid. If two or more gymnasts catch the apparatus with a major alteration of the basic technique, the Exchange is not valid.

1.2, p.28 Dance Steps Combination S \rightarrow : (minimum 1)

- minimum 1 Fundamental apparatus group performed by all 5 gymnasts
- It is possible to perform Collaboration without throw of the apparatus (C) during a Dance

Steps Combination. Ex : S \rightarrow C \neq \bigcirc

1.4.2, p.29. Collaboration with body Rotation-CR, CRR, CRR

The catch of the apparatus of the partner refers to: apparatus which is in flight during the body rotation and caught immediately at the end or no more than 2 steps (and not throwing to the partner after the rotation is already completed)

1.6, p.31 Absence of an apparatus Fundamental Group (50% not required) or a body movement group

- *It is not necessary for all 5 gymnasts to perform the apparatus group in order to be considered present*
- *Each of the Fundamental groups must be present (For Hoop, the "Rotation around the axis" may be either around the horizontal or the vertical axis)*
- *If a gymnast(s) performs a Fundamental apparatus group during C or CC, it is possible to declare this apparatus element on the official form (after the symbol of C). Ex: CC \otimes \checkmark*

2.2, p. 36 Execution Penalties (Artistic and Technical)

Ball

0.1

Involuntary catch of the ball with both hands (Exception: catches outside the visual field) For Exchange, DER and Collaboration (each time, regardless of the number of gymnasts)

Group Exercise		Difficulty (D)		Judge №°		1 type of Apparatus		2 types of Apparatus	
No Group		Country		Date					
	Difficulty	JUDGE	Difficulty	JUDGE	Difficulty	JUDGE			
Value	0,1		Value	0,3		Value	E 0,3		
C						\neq \downarrow 2 = 3 B.M.			
Value	0,1		Value	0,2		Value	0,1		
CC			CR			C			
Value	0,8		Value	0,5+0.7		Value	0,4		
3			\uparrow 3 \oplus \downarrow			CRR3			
Value	0,4		Value	0,3		Value			
CRR			CRR						
Value	E 0,3		Value	0,5		Value			
\rightarrow 6 \downarrow $=$			O 2 \downarrow F 3 \downarrow						
Value	0,3		Value	0,2		Value			
CR \neq			C \neq						
Value	0,2		Value	E 0,3		Value			
C			\rightarrow 6 \downarrow \neq						
Value	0,5		Value	E 0,2		Value			
1112			\rightarrow 2 3 6 \downarrow 						
	E 0.4		Value	0,3 + 0.2		Value			
\rightarrow 6 \downarrow B.M.			S \rightarrow C \neq						
Value	0,2 + 0.2		Value	0,2		Value			
C \rightarrow CR			CR						
Value	0,6		Value	0,3 + 0.2		Value			
\leftrightarrow \uparrow			CRR C \rightarrow						
<u>se music with voice and words</u> X						TOTAL 9,30			
Incorrect calculation of: <ul style="list-style-type: none"> Total value of all the Difficulties Value of one Difficulty 				<ul style="list-style-type: none"> More than 10 Difficulties Less than 5 Difficulties without exchange Less tha 5 Difficulties with exchange Min. 1 S \rightarrow Max. 1 \uparrow Min. 6 elements with Collaboration 		Penalty			
<ul style="list-style-type: none"> 5 different types of throw/catches during Difficulties with exchange Absence of an apparatus or a body movement group 						FINAL SCORE JUDGE			

Coach Signature.....

Judge Signature.....

Group Exercise		Difficulty (D)		Judge №°	1 type of Apparatus	2 types of Apparatus		
№ Group	Country			Date				
Value	Difficulty	JUDGE	Value	Difficulty	JUDGE	Value	Difficulty	JUDGE
	0,1		0,5			0,3		
	C		3 ↗ 2 ∞			↗ → ₆ ↓ 3 = 2 B.M.		
Value	0,2 + 0,3		0,5			0,1		
	C ↗ CRR		3 ↓ 2 ∞			C 3 ∞		
Value	0,6		0,2			0,2		
	∞ 2		C ∞ →			CR		
Value	E 0,3		E 0,3			0,3		
	↗ → ₆ ↓ B.M. =		↗ → ₆ ↓			CRR		
Value	0,3		0,2			0,3		
	CR ≠		CR 2 ∞			8 S →		
Value	0,3 + 01		0,3			E 0,2		
	2 ∞ S → C		CRR			↗ ↓ ∞ ≠		
Value	0,2		0,2					
	C		CR					
Value	0,3		0,6					
	CRR		R 3 ⊕ ∟ ⊗					
	1.0		0,5					
	3 ∇ 2 ∞ 111 2122		3 ∞ 2 ∞ ⊕					
Value	E 0,3		0,3					
	↗ → ₆ ↓ 3 ⊗ B.M. 2 ∞		CR ⊗					
<u>se music with voice and words</u> X						TOITAL	9.00	
Incorrect calculation of: <ul style="list-style-type: none"> Total value of all the Difficulties Value of one Difficulty 			<ul style="list-style-type: none"> More than 10 Difficulties Less than 5 Difficulties without exchange Less tha 5 Difficulties with exchange Min. 1 S → Max. 1 R ↗ Min. 6 elements with Collaboration 					
<ul style="list-style-type: none"> 5 different types of throw/catches during Difficulties with exchange Absence of an apparatus or a body movement group 						FINAL SCORE JUDGE		

Coach Signature.....

Judge Signature.....